

MARK DAY SCHOOL
TRACK TEAM SCHEDULE 2020

| <u>Day</u> | <u>Date</u> | <u>Meet</u> | <u>Location</u> |
|-------------------|--------------------|-------------------------------------|---|
| Tuesday | March 24 | First Day of Practice | Mark Day School |
| Saturday | April 4 | Sac Speed Factory TC | Inderkum High School, Sacramento |
| Sat./Sun. | May 2-3 | Hercules Running Rebels TC | Hercules High School, Hercules |
| Sat./Sun. | May 16-17 | Laney College Invitational | Laney College, Oakland |
| Friday | May 22 | School Championship | Mark Day School |
| Thursday | June 4 | Last Day of Practice | Mark Day School |
| Sat./Sun. | June 13-14 | Pacific Association Championship | Diablo Valley College, Pleasant Hill |

- Practice days are Tuesday and Thursday from 3:30 pm to 4:30 pm.
- Students should go to the carpool steps first, then when carpool concludes at 3:30 pm, meet at their practice location determined by the coach.
- During the season we will not have practices on half-days or no school days.
- All student-athletes must have a current valid membership in USA Track and Field prior to entering any of the Pacific Association meets. I have attached the link below if your student-athlete would like to compete in this year's PA meets and may need to renew membership. Some of our athletes may still have their membership from our cross country season. Here is the link to register if you would like to:
<https://www.pausatf.org/joinrenew-now/>
- When registering with USATF please note our team name is Mark Day School Track Club and our club number is **76**.
- Some of the meets may not have all the events. Below is the website that has the 2020 Association Track Schedule:
<https://www.pausatf.org/youth/usatf-pacific-youth-track-field-meet-schedule-and-results/>